

# October 2019

## Lyle, Oakdale & Whitworth



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Did You Know?</b>  Columbus Day is celebrated the second Monday every October.	<b>1</b> <b>Breakfast:</b> Pancake on a stick  <b>Lunch:</b> Cheesy Quesadilla Ham/Cheese Sandwich	<b>2</b> <b>Breakfast:</b> Sausage Biscuit  <b>Lunch:</b> Enchiladas PB & Jelly Sandwich	<b>3</b> <b>Breakfast:</b> Choc Chip Muffin  <b>Lunch:</b> Baked Chicken / Roll Pizza Cheese Sticks	<b>4</b> <b>Breakfast:</b> French Toast Sticks  <b>Lunch:</b> Chicken Patty Sandwich Yogurt/ Grahams
<b>7</b> <b>Breakfast:</b> Breakfast Bar  <b>Lunch:</b> Hot Diggidy Dog Pretzel w/Cheese Sauce	<b>8</b> <b>Breakfast:</b> Biscuit & Gravy  <b>Lunch:</b> Pulled Pork Sandwich Cheesy Biscuit	<b>9</b> <b>Breakfast:</b> Sausage/Cheese Muffin  <b>Lunch:</b> Teriyaki Beef & Rice PB & Jelly Sandwich	<b>10</b> <b>Breakfast:</b> Cinnamon Roll  <b>Lunch:</b> Turkey Gray/ Potatoes Toasted Cheese Sandwich	<b>11</b>  <b>No School</b>
<b>14</b> <b>Breakfast:</b> Warm Breakfast Cookie  <b>Lunch:</b> Spaghetti Pizza Cheese Sticks	<b>15</b> <b>Breakfast:</b> Pancake on a stick  <b>Lunch:</b> Soft Chicken Taco Yogurt/ Graham	<b>16</b> <b>Breakfast:</b> Sausage Biscuit  <b>Lunch:</b> Chicken Nuggets Chips & Beans	<b>17</b> <b>Breakfast:</b> Choc Chip Muffin  <b>Lunch:</b> Cheesy Rotini Pasta Turkey /Cheese Sandwich	<b>18</b> <b>Breakfast:</b> French Toast Sticks  <b>Lunch:</b> Fresh WarmPizza Corn dog <b>COOKIE DAY!</b>
<b>21</b> <b>Breakfast:</b> Breakfast Bar  <b>Lunch:</b> Hamburger Bean Cheese Burrito	<b>22</b> <b>Breakfast:</b> Pancake on a stick  <b>Lunch:</b> Corn Dog Ham/Cheese Sandwich	<b>23</b> <b>Breakfast:</b> Sausage Biscuit  <b>Lunch:</b> Cheesy Chicken Quesadilla PB & J Sandwich	<b>24</b> <b>Breakfast:</b> Warm Doughnut  <b>Lunch:</b> Baked Chicken / Roll Pizza Cheese Sticks	<b>25</b>  <b>No School</b>
<b>28</b> <b>Breakfast:</b> Warm Breakfast Cookie  <b>Lunch:</b> Hot Diggidy Dog Pretzel w/Cheese Sauce	<b>29</b> <b>Breakfast:</b> Biscuit & Gravy  <b>Lunch:</b> New Item Fish Sticks/ Tots Ham/Cheese Sandwich	<b>30</b> <b>Breakfast:</b> Sausage/Cheese Muffin  <b>Lunch:</b> Teriyaki Beef & Rice New Item Sunbutter & Jelly Sandwich	<b>31</b> <b>Breakfast:</b> Choc Chip Muffin  <b>Lunch:</b> Spook-tacular Chicken Nuggets Toasted Cheese Sandwich	

National School Lunch week: Oct 14 - 18

Riverwood Orchards and Farm from Monmouth Or. is providing us with some awesome fresh Apples and Pears again this fall!!!

The 2018 - 2019 Free and Reduced applications will expire on October 1st. If you haven't filled out a new one for this school year, please pick one up at your school or going on to our web site at:

dallas.k12.or.us

\*Parent tab

\*Food Service tab

Parents if you send a cold lunch with your child please make sure you include a drink. You may also deposit money in their Meal Accounts to purchase a milk for \$0.60.

This Institution is an equal opportunity provider.

